FR-B30

Sync with both **iOS** and **Android**



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Please read this **User Guide** before using the device to ensure safe and proper use.

Fitrus Pro

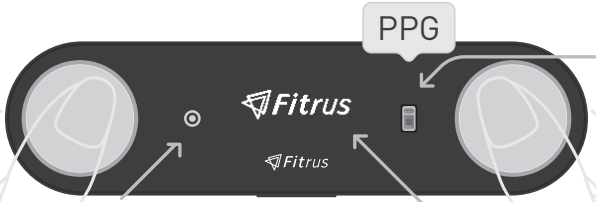


BIA	BMI	Body Water	Basal Metabolic Rate	Heart Rate	Stress	Surface Temperature	Blood Pressure *	HRV	Continuous Blood Pressure *
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

* Blood pressure and continuous blood pressure readings are for reference only and are not intended for medical use.

Four electrode sensors

There are four electrode sensors that allow you to measure body composition using the thumbs and index fingers of both hands.



Blood pressure & heart rate & stress measurement sensor

It can measure blood pressure and heart rate and stress levels.

Touch sensor

You can change what appears on the display with a light touch.

OLED display

The latest measurement and remaining battery level will be displayed.



Temperature sensor

You can measure skin or object temperature. (Non-contact)

Power button

Pressing the button lightly turns on the device and connects it to your smartphone. The device automatically turns off after measurement.

COMPONENTS USB Charging Cable | User Manual

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HOW TO USE

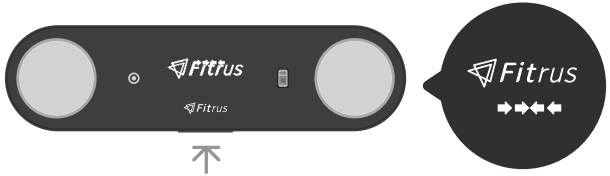
1. Download the **Fitrus** App from the Google Play Store or Apple App Store.

Google Play Store Apple App Store

2. Register user account by inputting height, weight, gender, and age.

3. Connect **Fitrus Pro** to the smartphone via Bluetooth by pressing the button located under the display screen.

Once the device is connected to the smartphone, the screen will display as below.



4. Measure your health by pressing **Measure** on your **Fitrus** App.

You can find more information in the web manual using the **QR Code**.

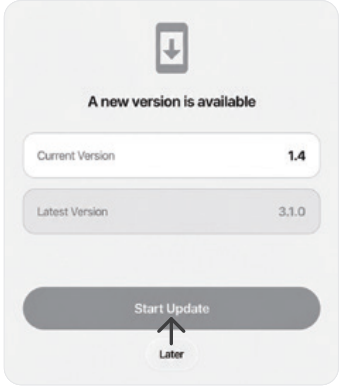
https://manual.onesoftdigm.com

04 FIRMWARE UPDATE

Fitrus Pro



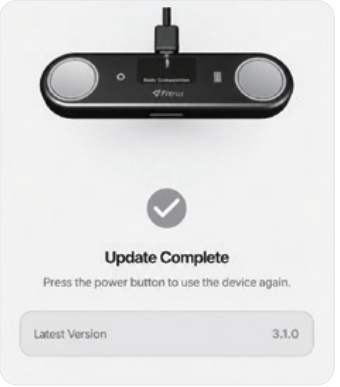
In the app, go to
Me > Devices > Fitrus Pro > Firmware Update



Connect the device to a charger and follow the in-app instructions to start the update.



Wait for the update to complete.

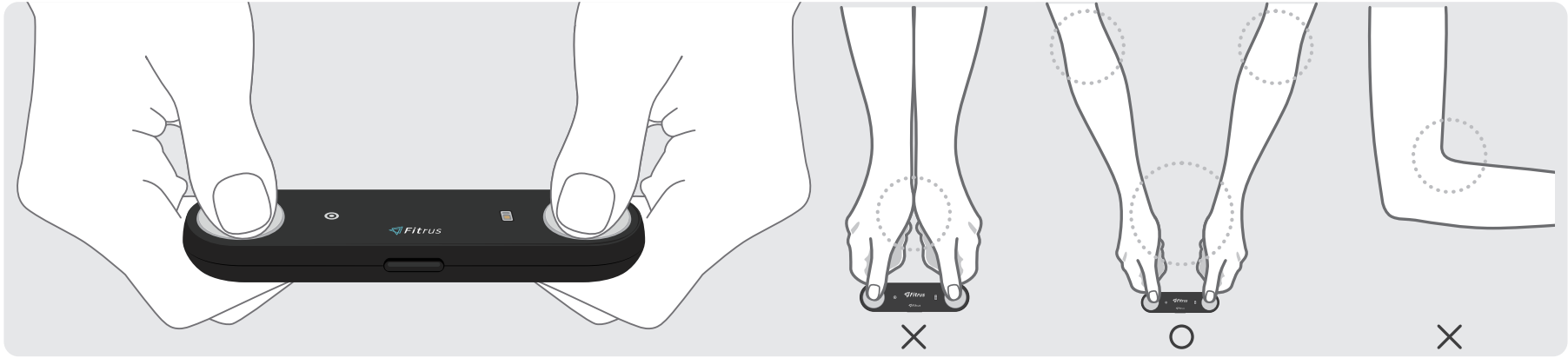


Once complete, turn the device back on.

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PROPER MEASUREMENT POSTURE

BODY COMPOSITION



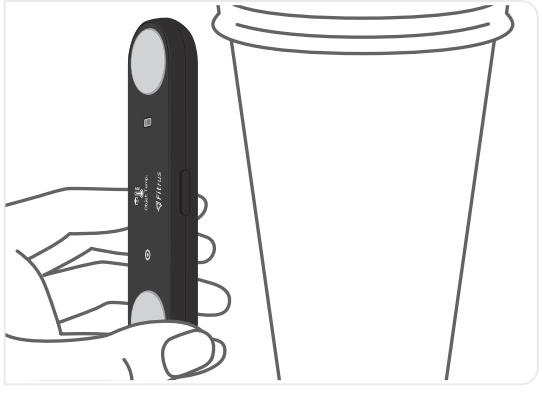
Gently hold all four electrodes with your thumbs and index fingers.
Extend your arms forward with your elbows straight.
Keep your hands apart.

Scan the QR code
for proper measurement instructions.

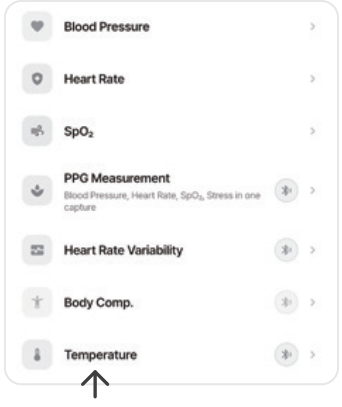
PROPER MEASUREMENT POSTURE

SKIN & OBJECT TEMPERATURE









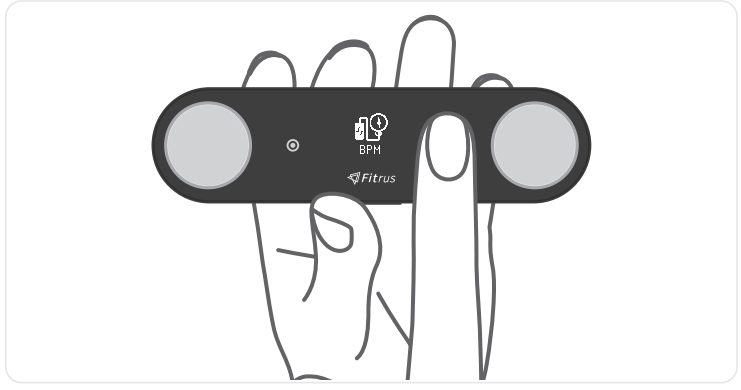
Non-Contact Place the rounded sensor on the back of the device close to the skin or object, approximately 2 to 5 cm away. When measuring the temple, you can obtain a value similar to the body temperature.

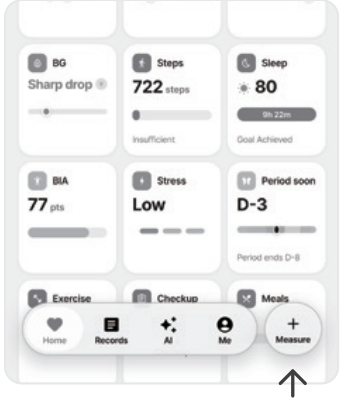
Temperature Attach the body temperature cap to the sensor before measuring body temperature.

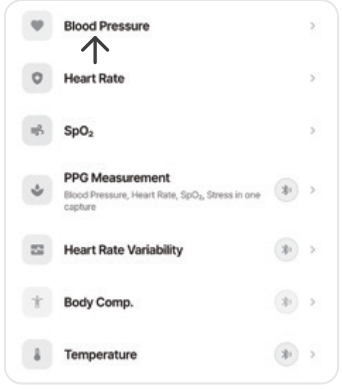
07

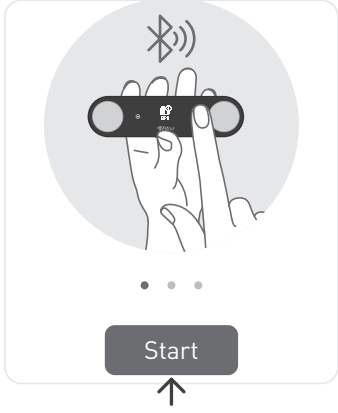
PROPER MEASUREMENT POSTURE

BLOOD PRESSURE & HEART RATE & STRESS





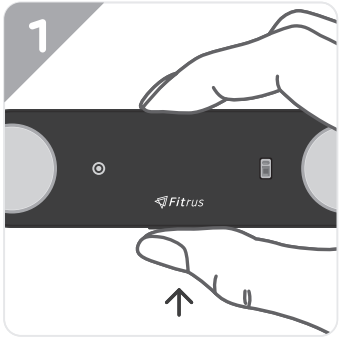




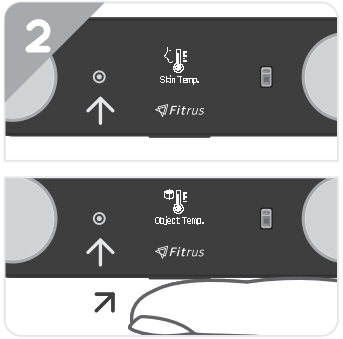
Put your finger on the mini square sensor on the front of the device.
Cover the sensor completely and don't press too hard.

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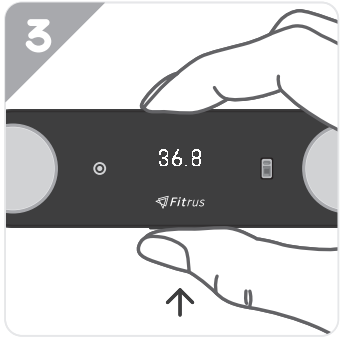
ONE-TOUCH FUNCTION



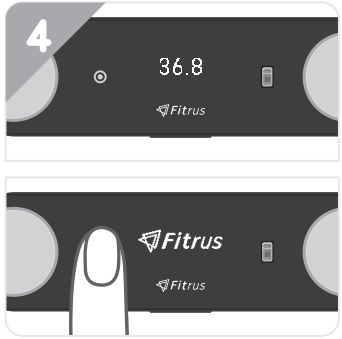
Please turn on the **power button.**



Select **skin** or **object temperature** with the **touch sensor** and **press the power button**.



Measure the temperature and check the results. Measurement can be performed repeatedly by **pressing the power button.**



Press on the **touch sensor again** for 3 seconds to **disable the one-touch function**.

09 FREQUENTLY ASKED QUESTIONS (FAQ)

Fitrus Pro

Q What is featured on the OLED display?

A It displays the latest measurement of your biometric data, battery life, and step counts.

Q What versions of the phone are compatible with Fitrus PRO?

A Fitrus Pro is compatible with Android 5.0 or above, and iOS 9.0 or above; however, some Androids and iPads will not be compatible.

Q Does App offer different languages?

A You can choose the language through > My > Language menu. System Default Language, Korean, English, Japanese and Chinese are supported. If you choose system default language, the app language will be automatically selected according to the user's smartphone language setting and the Other Language option may only be supported in English.

Q How can you sync your activity level from the Fitrus App?

A Top left bar > Settings > Sync > choose between Health App, Fitrus Pro, and All Step.

Q How to reset Fitrus Pro?

A Press Quick Power Button for 5 seconds.

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WARNING

- **Fitrus Pro** is not a medical device and should not be used for diagnostics or treatment.
- The electric current (under 150 μA of 50 kHz) is too low for anyone to sense or be affected by it.
  If you do experience any sensations or symptoms, immediately cease its operation.
- Do not use this device if you are dependent on any biometric devices, such as a cardiac regulator, medical ECG, mechanical heart, or heart-lung machine.
- Do not use **Fitrus Pro** to measure your body composition during pregnancy or menstruation.
  There will be discrepancies.
- Please be aware that **Fitrus Pro** may not provide accurate readings if the person is under the age of 13, extremely obese or severely underweight.

Precaution

- Make sure to remove any nearby devices that can cause wireless interference. These sources can cause slower performance or disconnection from **Fitrus Pro** and may also interfere with the Bioelectrical Impedance Analysis(BIA), resulting in inaccurate readings.
- Do not eat or dismantle the battery.
  Keep out of children's reach.
- You must follow local regulations when disposing of the device or any of its components and accessories.

11 WARRANTY

- If you are experiencing a problem using **Fitrus Pro**, please contact the OSD team.

  support@onesoftdigm.com

- Within the one-year warranty period, if any malfunction transpires under normal use, as established by the manual, the affected components of the product will be exchanged free of charge.
- Past the one-year mark of the initial purchase, you will be responsible for the cost of any exchanges.
- In principle, the components will be exchanged with those of the same color and model.
- The customer may be responsible for the shipping costs.
- In the following cases, the service fee may be charged even during the warranty period.
  - Malfunctions or damages of any disassembled or modified devices.
  - Damages caused by water & liquid or any weather conditions.

12 SPECIFICATION

Product Name	Model Name	Manufacturing Country	Size	Weight	Charging Time
Fitrus Pro	FR-B30	Republic of Korea	12.5×3.4×1.36cm	40g	3 hours

Measurement Current	Measuring Area	Power	Module	Test Duration	Range of Use
Under 150μA	Upper body	DC 5V	BLE 4.2	Approx. 5 seconds	10~40℃ 30~75%RH

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Fitrus Pro

Trade Name & Manufacturer	Production Date	Homepage
ONESOFTDIGM Co., Ltd.	Marked Separately	https://www.**onesoftdigm**.com https://www.**thefitrus**.com

Telephone	Facsimile	E-Mail
+82-54-282-4467	**+82-50-4047-8250**	**support**@onesoftdigm.com

- The content of the User Guide (including safety precautions) may be changed at any time without notice to Users as the specifications for Hardware, Software and Configurations are modified.
- Some of the images which appear in this User Guide may differ from those on your product.

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